

# The Transformative Impact of Investing in Women's Health

**For eons, women's health has been overlooked, underfunded, and inadequately researched. This neglect is not just a social injustice, but an economic misstep. When women have access to quality healthcare, they contribute more effectively to the workforce, raise healthier families, and drive sustained economic development.**

**As we mark International Women's Day, it's time to acknowledge that prioritising women's health is not just about improving individual well-being—it's about strengthening the world. Investing in women's health is one of the most powerful levers for economic growth and social progress.**



**by OJAANK IAS**



# The Gender Gap in Medical Research

## 1 Exclusion from Clinical Trials

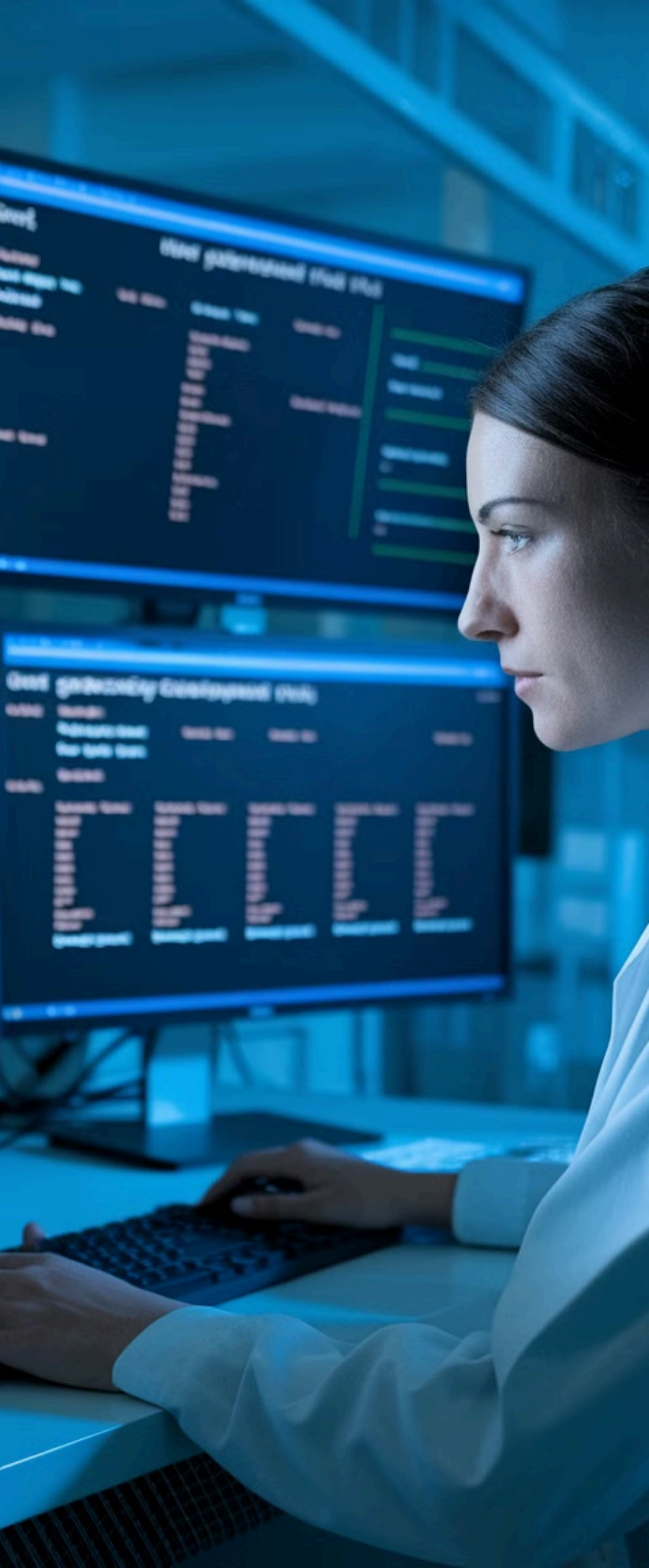
Women have been historically excluded from clinical trials, resulting in medications and treatments that don't fully account for gender differences. This has created significant gaps in care and treatment.

## 2 Adverse Drug Reactions

Research shows women are twice as likely to experience adverse drug reactions due to lack of gender-specific clinical data. Even for life-threatening conditions like cardiovascular disease, women receive fewer diagnostic interventions.

## 3 Misdiagnosis Rates

Women are more likely to be misdiagnosed compared to men, particularly for serious conditions. This disparity highlights the urgent need for gender-specific research and treatment protocols.





# Economic Benefits of Women's Health Investment

**\$120**

## Return on Investment

For every dollar spent addressing unmet needs for family planning, there is an estimated return of \$120 in health and economic benefits according to the Business Council for International Understanding.

**70%**

## Healthcare Workforce

Women constitute nearly 70% of the global healthcare workforce, yet hold less than 30% of leadership roles in the sector.

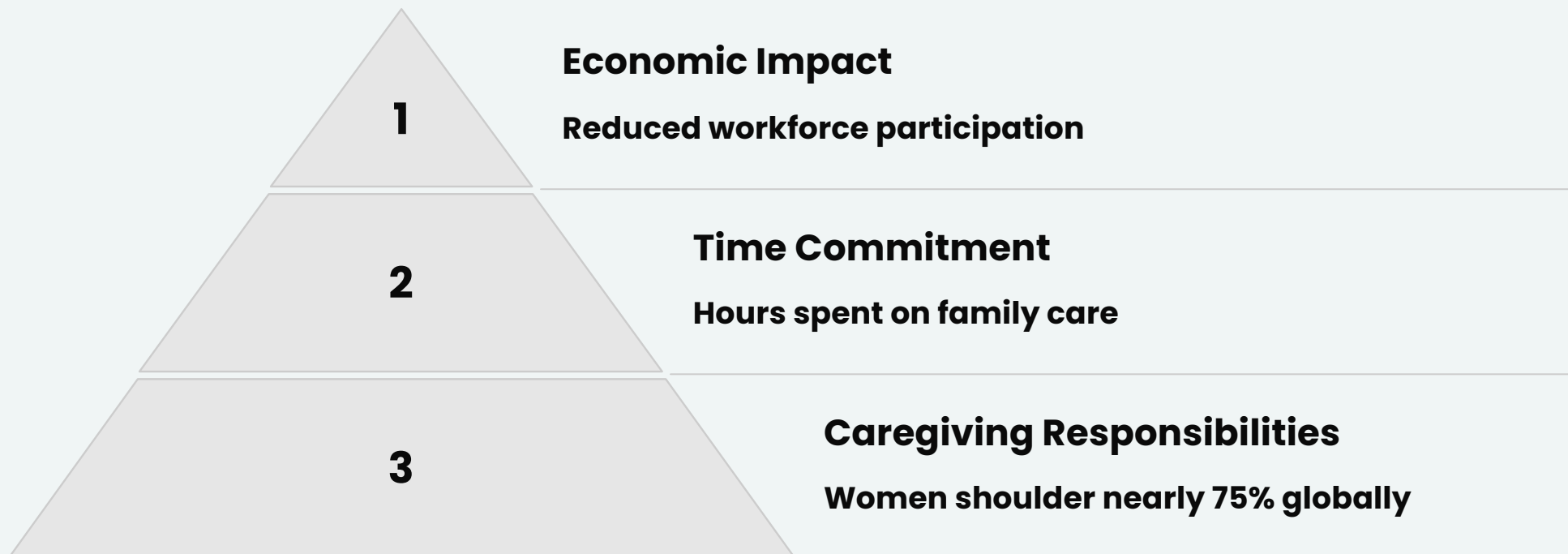
**3%**

## Early Detection

3% of women who undergo mammography at Apollo are diagnosed with breast cancer, highlighting the critical importance of early detection and intervention.

A healthier female workforce translates into increased productivity, higher labour force participation, and stronger economic resilience for nations worldwide.

# The Burden of Unpaid Caregiving



**Women play a disproportionate role in unpaid caregiving, shouldering nearly three quarters of global caregiving responsibilities. This invisible labour significantly impacts their ability to engage in formal economic activities and advance their careers.**

**By investing in policies that support women's health such as paid family leave, accessible maternal care, and comprehensive healthcare screening programmes, we can enable millions of women to contribute more actively to economic growth.**

**75 दिनों में IAS PRE. CLEAR**  
10,000 प्रश्नों के साथ  
GS + CSAT  
Hindi | English

**ENROLL NOW**  
**OJAANK 75 DAYS PRELIMS CHALLENGE**

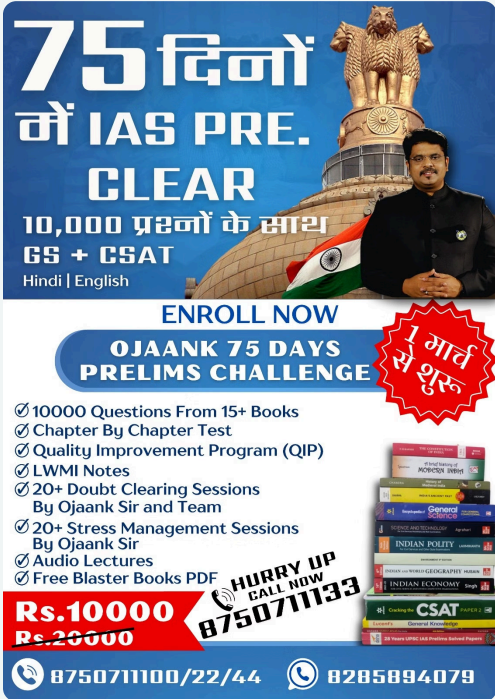
1 मार्च से शुरू

- ✓ 10000 Questions From 15+ Books
- ✓ Chapter By Chapter Test
- ✓ Quality Improvement Program (QIP)
- ✓ LWMI Notes
- ✓ 20+ Doubt Clearing Sessions By Ojaank Sir and Team
- ✓ 20+ Stress Management Sessions By Ojaank Sir
- ✓ Audio Lectures
- ✓ Free Blaster Books PDF

**Rs.10000**  
**Rs.20000**

**HURRY UP CALL NOW 8750711133**

8750711100/22/44 8285894079



## अब होगा Prelims पक्का Crack IAS Prelims in Just 75 Days!

Batch starts from 1st March! Don't miss this golden opportunity! 🏆

Special Offer: ₹10,000 (₹20,000) Limited Time Discount! 🌟

Call Now: 8506845434, 7678530567, 8448807829, 8750711100/22/33/44

Ojaank Sir Whatsapp Number +91-8285894079

Fill This Form and Apply Now

<https://docs.google.com/forms/d/1PzN1wR9JewyqDUCQY4kP60HuoefjYTVnmIL69PIRmxc/edit>

# Mandating Gender-Disaggregated Research

## Clinical Trial Requirements

**Governments and private institutions must mandate gender-disaggregated data in clinical trials. The inclusion of women in research is critical to developing treatments that are safe and effective for all populations.**

## Research Funding

**Increased funding specifically for women's health research can help close knowledge gaps in conditions that disproportionately affect women or present differently in women compared to men.**

## Data Transparency

**Publishing gender-specific results and requiring pharmaceutical companies to report gender differences in drug efficacy and side effects can drive better healthcare outcomes for women.**





# Enhancing Preventive Healthcare

## Education Campaigns

Widespread awareness programs about women's health issues and the importance of regular screenings can empower women to take control of their health.

## Routine Screenings

Regular check-ups and screenings for conditions like cervical and breast cancer must be made accessible and affordable for all women regardless of socioeconomic status.

## Early Detection

Implementing advanced screening technologies and protocols specifically designed for women can significantly improve early detection rates and treatment outcomes.

Preventive healthcare is particularly crucial for women, as early detection of conditions like breast and cervical cancer dramatically improves survival rates and reduces treatment costs.



# Expanding Access to Affordable Healthcare

1

## **Geographic Barriers**

**Establishing mobile health clinics and telemedicine services can reach women in rural and remote areas who currently lack access to quality healthcare facilities.**

2

## **Economic Barriers**

**Implementing subsidized or free healthcare services for essential women's health needs ensures that financial constraints don't prevent women from seeking necessary care.**

3

## **Cultural Barriers**

**Training healthcare providers in cultural sensitivity and employing female healthcare workers can help overcome cultural barriers that prevent women from accessing care.**

**Addressing economic and geographic barriers to healthcare will ensure that women, especially those in rural and marginalized communities in India, receive timely and quality care.**





# Technology Transforming Women's Healthcare



## AI-Powered Diagnostics

**Apollo's ProHealth programme leverages predictive analytics for early disease detection, exemplifying how artificial intelligence can transform healthcare outcomes for women.**



## Telemedicine

**Remote consultations enable women to access healthcare while balancing work and family responsibilities, particularly beneficial for those with limited mobility or in remote areas.**



## Wearable Health Monitors

**Devices tracking menstrual cycles, fertility, pregnancy, and other women-specific health metrics provide valuable data for both personal health management and clinical research.**

**Ojaank Test Series**  
Your Progress Partner in UPSC Journey

**NCERT-RFR**  
MENTORSHIP ₹499/-  
IAS 2026 Per Month  
15 + 30 + 15  
METHOD

**240 Days-RFR**  
MENTORSHIP ₹599/-  
IAS 2026 Per Month  
15 + 30 + 15  
METHOD

**SHAKTI**  
ALL INDIA TEST SERIES - PRELIMS (20 Tests)  
• 8 Fundamental Tests  
• 7 Advanced Tests  
• 5 Full Length Tests  
• Current Affairs  
EACH TEST HAVE 100 QUESTIONS  
₹2700 ₹2300

**M - RFR**  
#IAS with Ojaank Sir  
M - बोले तो Memory  
M - बोले तो Mains

**Economic Survey**  
2024-25 based  
RFR (TEST)  
7 Feb 2025  
500 Questions With Pointwise Notes  
IF YOU WANT TO ATTEMPT FREE TEST  
Download the Ojaank App  
₹506845434 8285894079

**COMING SOON**  
Spectrum based Test Series  
Coming soon  
Download the Ojaank App & try a free test Now

**TEST BASED ON**  
BIPAN CHANDRA  
₹699  
REPUBLIC DAY OFFER  
IAS & PCS

**DAILY FREE QUIZ**  
"SELECTION वाली CLASS"  
BY OJAANK SIR

**Test Based on**  
Based on Laxmikant  
₹699/-  
IAS 2025 6 Months  
15 + 30 + 15  
METHOD

1) Get full Laxmikant Test Series For UPSC Prelims 2025

Link - <https://ojaankias.akamai.net.in/new-courses/501>

2) Get full Bipan Chandra Test Series For UPSC Prelims 2025

Link - <https://ojaankias.akamai.net.in/new-courses/500>

3) Get full SHAKTI All India Test Series PRELIMS - 2025

Link - <https://ojaankias.akamai.net.in/new-courses/499>

4) Get Daily Free Quiz (Newspaper wali Class) By Ojaank Sir

Free Test Link - <https://ojaankias.akamai.net.in/new-courses/493>

5) Get full NCERT RFR Mentorship (1st Month) Course from Ojaank App Now.

Link - <https://ojaankias.akamai.net.in/new-courses/490>

6) Get full 240 Days RFR Mentorship (1st Month) Course from Ojaank App Now.

Link - <https://ojaankias.akamai.net.in/new-courses/492>

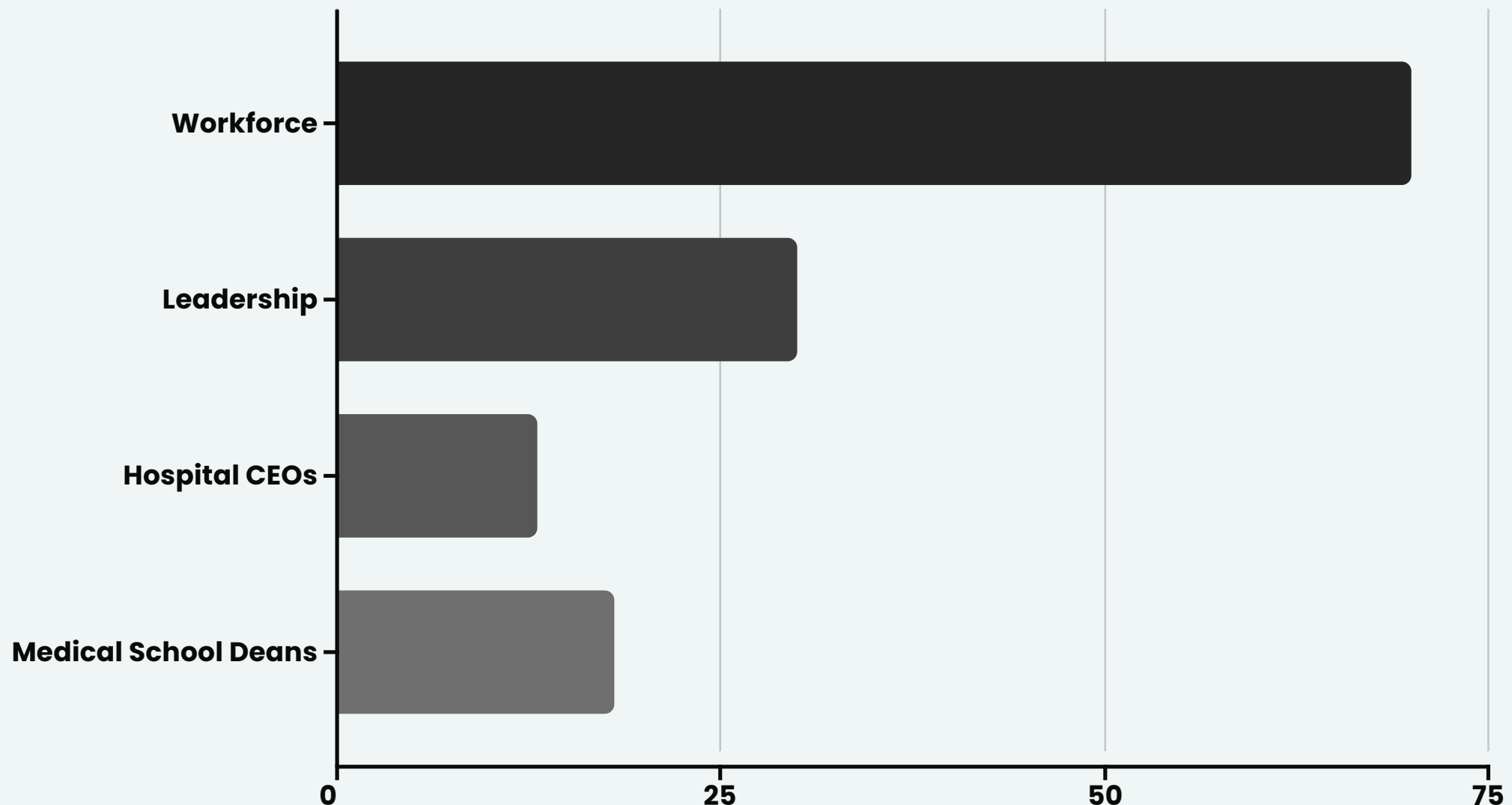
7) Get full Economic Survey (2024-25) based RFR Test Course from Ojaank App Now.

Link - <https://ojaankias.akamai.net.in/new-courses/508>

8) Get full (OJAANK SIR M RFR) Course from Ojaank App Now.

Link - <https://ojaankias.akamai.net.in/new-courses/506>

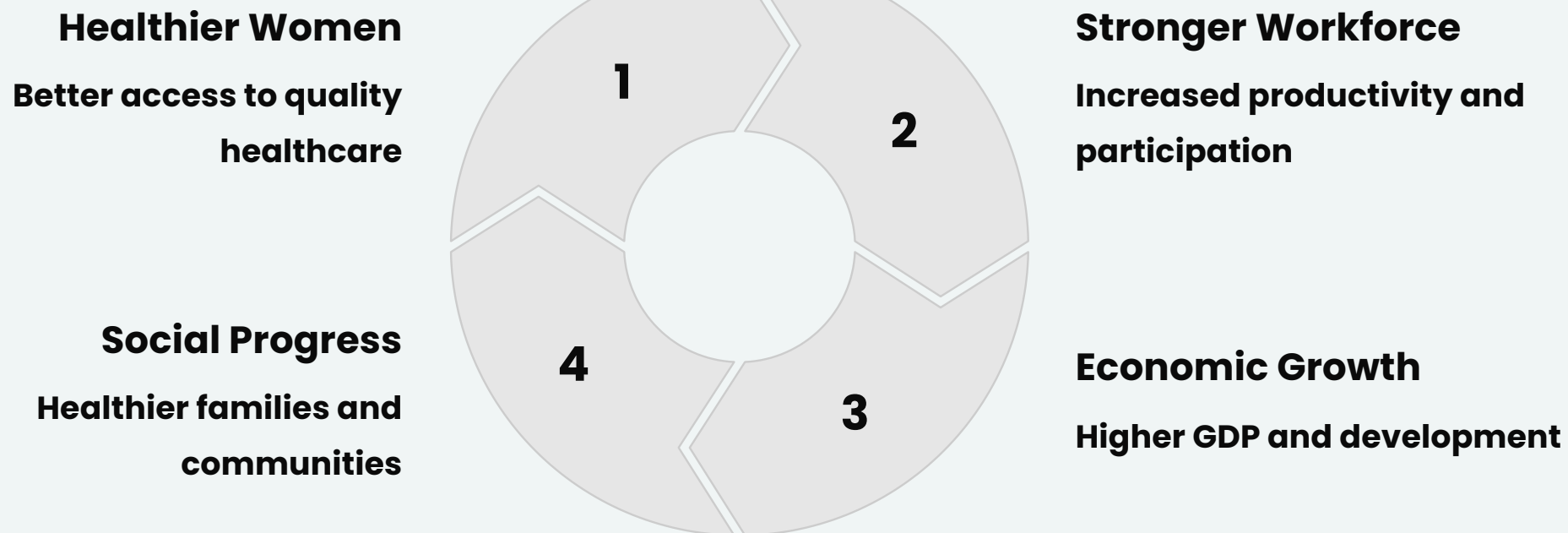
# Women's Leadership in Healthcare



**While women constitute nearly 70% of the global healthcare workforce, they hold less than 30% of leadership roles. This disparity is even more pronounced in top positions like hospital CEOs and medical school deans.**

**Ensuring greater representation of women in policy-making and healthcare innovation is crucial to closing the gender health gap. Women leaders bring diverse perspectives that can help address the unique health challenges women face.**

# Women's Health as an Economic Priority



**Women's health is not just a women's issue—it's a national and global economic priority. Achieving gender equity in healthcare will not only save lives but will also unleash a wave of economic growth, social stability, and generational prosperity.**

**By addressing disparities in research, access, and treatment, we don't just empower women—we empower entire nations to thrive. The economic dividends of investing in women's health are undeniable and far-reaching.**

# A Call to Action This Women's Day

## Research Reform

Mandate inclusion of women in clinical trials and gender-specific analysis of results to develop treatments that work effectively for women.

1

2

## Access Expansion

Implement policies that make healthcare affordable and accessible to all women, regardless of geographic location or economic status.

3

## Leadership Promotion

Create pathways for women to advance into healthcare leadership positions, bringing diverse perspectives to policy and innovation.

4

## Economic Integration

Recognize women's health as an economic priority and integrate it into national development strategies and budgets.

**This Women's Day, let us commit to prioritising women's health not just in rhetoric, but in action. The time for change is now. By investing in women's health, we invest in a healthier, happier, and more prosperous world for all.**

# Follow Ojaank Sir



IAS with Ojaank Sir



Ojaank\_Sir



IAS with Ojaank Sir

Free **PDF** Content  
पाने के लिए अभी JOIN करें



**8285894079**



**8285894079**

👉 ऐसी ही UPSC Special Current News PDF के लिए Visit करें हमारी Official Website : [www.ojaank.com](http://www.ojaank.com)

DAILY FREE ENGLISH NEWS PDFs Link :

<https://www.ojaank.com/books/current-affairs-magazine>

👉 DAILY FREE ENGLISH NEWS PDFs Link : <https://www.ojaank.com/hindi/books/current-affairs-magazine>